

deals

July 24–August 20, 2024

Scan to
download!



EO
Everyone Soap
selected varieties

\$8²⁹

32 oz



From The Ground Up
Cauliflower Crackers
selected varieties

2/\$5

3.5–4 oz

Raise the bar with these sweet deals

KIND
Nut Bar
selected varieties

4/\$5

1.4 oz



Perfect Bar
Organic Protein Bar
selected varieties

2/\$5

2.3–2.5 oz



GoMacro
Organic MacroBar
selected varieties

2/\$5

2–2.3 oz



Birch Benders
Organic Pancake & Waffle Mix
selected varieties

\$4²⁹

14–16 oz



Enjoy Life Foods
Chocolate Chips
selected varieties

\$4⁹⁹

9–10 oz



Purely Elizabeth
Granola
selected varieties

\$5⁷⁹

8–12 oz



Essentia
Alkaline Water

2/\$4

1.5 lt



C2O
Coconut Water
selected varieties

\$1⁶⁹

17.5 oz



Santa Cruz Organic
Organic Lemonade
selected varieties

\$2⁷⁹

32 oz



**Annie's
Mac & Cheese**

selected varieties



**Chosen Foods
Avocado Oil**



**Tasty Bite
Organic Rice**

selected varieties



\$8⁹⁹

500 ml

\$2²⁹

8.8 oz

**Bachan's
Japanese Barbecue Sauce**

selected varieties



**Once Again
Organic Tahini**



\$6²⁹

16-17 oz

\$7⁴⁹

16 oz

**Late July
Tortilla Chips**

selected varieties



**Good Health
Potato Chips**

selected varieties



**Vegan Rob's
Puffs**

selected varieties



2/\$7

7.8 oz

\$2⁹⁹

5 oz

\$2⁷⁹

3.5 oz

Roasted Salmon & White Bean Salad

30 MIN • SERVES 4 • GLUTEN-FREE

INGREDIENTS

- | | |
|---|------------------------------|
| 2 pounds salmon fillet | ½ small red onion, julienned |
| ¼ cup smoked paprika | 1 tablespoon olive oil |
| 1 teaspoon sea salt | 1 tablespoon tahini |
| 1 teaspoon ground cumin | 1 tablespoon lemon juice |
| ¼ cup olive oil | 1 large garlic clove, minced |
| ½ pint cherry tomatoes, quartered | ½ teaspoon dried oregano |
| 2 cucumbers, diced | ¼ teaspoon sea salt |
| ½ cup crumbled feta | 2 cups pea shoots |
| 1 15-ounce can cannellini beans, drained and rinsed | 1 cup prepared tzatziki |

DIRECTIONS

- 1 Preheat oven to 350°F. Place salmon skin side down on a parchment-lined baking sheet. Combine paprika, salt, and cumin. Rub salmon with spice mix then drizzle on oil. Bake for 20 minutes or until the internal temperature reaches 145°F.
- 2 Meanwhile, prepare the salad by tossing together tomatoes, cucumbers, feta, beans, and red onion in a serving bowl. Whisk together dressing ingredients until well blended, then toss with salad. Adjust seasoning to taste.
- 3 Place salmon on a platter and spoon dressed salad over salmon. Garnish with pea shoots and serve with tzatziki sauce.



**Zack's Mighty
Organic Tortilla Chips**

selected varieties

\$3⁷⁹

9 oz



**gimMe Organic
Organic Roasted Seaweed Snacks**

selected varieties

\$1⁶⁹

0.32–0.35 oz



**Justin's
Peanut Butter**
selected varieties



16 oz

**Justin's
Almond Butter**
selected varieties



16 oz



**Crunchmaster
Multi-Seed Crackers**

selected varieties

2/\$6

4 oz



**EPIC
Pork Rinds**
selected varieties

2/\$5

2.5 oz



**Nick's Sticks
Meat Snack Sticks**
selected varieties

2/\$5

1.7 oz



Since 1960, Back to Nature® has been creating delicious and flavorful recipes inspired by nature. We carefully select our ingredients to create great-tasting cookies and crackers that you can enjoy all day long.

**Back to Nature
Organic Crackers**
selected varieties



2/\$6

6 oz

**Back to Nature
Cookies**
selected varieties



\$3⁷⁹

8–10.7 oz

**Solely
Organic Fruit Jerky**
selected varieties

4/\$5

0.8 oz



**Made in Nature
Organic Dried Fruit**
selected varieties

\$3⁷⁹

3–5 oz





Dive into deliciousness with Crofter's Organic! Bursting with fruit and 1/3 less sugar than traditional jam. Elevate any dish with our spreads—just 5 wholesome ingredients per jar. Spread joy, spread yum!



**Crofter's Organic
Organic Premium Fruit Spread**
selected varieties

\$4²⁹
16.5 oz

**Peter Rabbit Organics
Organic Baby Food Pouch**
selected varieties



\$1⁵⁹
4-4.4 oz

**St. Dalfour
French Fruit Spread**
selected varieties



\$3⁷⁹
10 oz

**Hu
Organic Chocolate Bar**
selected varieties

2/\$7
2.1 oz



**Alter Eco
Organic Chocolate Bar**
selected varieties

\$2⁹⁹
2.65-2.82 oz



**MadeGood
Organic Granola Bars**
selected varieties

\$3⁴⁹
6 ct



Simple Mills is driven by our mission to make products that go beyond "free from" to "for more." Our products include more of what we want: purposeful, nutrient-dense, delicious ingredients, and nothing artificial, ever.



**Simple Mills
Gluten Free Cookies**
selected varieties

\$3⁷⁹
5.5 oz



**Simple Mills
Organic Seed Flour
Crackers**
selected varieties

\$3⁷⁹
4.25 oz



**Simple Mills
Almond Flour Crackers**
selected varieties

\$3⁷⁹
4.25 oz

Newman's Own Sandwich Cremes

selected varieties

\$4⁷⁹

13 oz



Skinny Dipped Chocolate Covered Almonds

selected varieties

\$3⁹⁹

3.5 oz



Arrowhead Mills Organic Cereal Flakes

selected varieties

\$4⁷⁹

10-12 oz



One Degree Organics Organic Sprouted Cereal

selected varieties

\$4²⁹

8-10 oz



Catalina Crunch Keto Friendly Cereal

selected varieties

\$6⁴⁹

8-9 oz

Catalina Crunch Keto Friendly Sandwich Cookies

selected varieties

\$5⁴⁹

6.8 oz



Our Cinnamon Toast Cereal and Chocolate Vanilla Sandwich Cookies are made earnestly with protein, fiber, and good fats, all while minimizing sugars. High in protein, vegan, and keto friendly, we have created delicious, healthier products that help you achieve a better life!

Lundberg Family Farms Organic Rice Cakes

selected varieties

\$3⁴⁹

8.5-11 oz



Navitas Organic Cacao Powder

\$7²⁹

8 oz



Four Sigmatic Organic Ground Mushroom Coffee

selected varieties

\$13⁹⁹

12 oz



No-Bake Energy Bites

20 MIN • MAKES 12 BITES • VEGETARIAN

INGREDIENTS

- 1 cup dates, halved
- 1/3 cup peanuts, roasted and salted
- 1/3 cup quick rolled oats
- 1/2 cup granola
- 1/2 cup creamy peanut butter
- 3 tablespoons sunflower oil
- 1/2 cup puffed rice cereal
- 3/4 cup shredded dried coconut
- 2-4 tablespoons chocolate chips (optional)

DIRECTIONS

- 1 Place dates, peanuts, oats, and granola in a food processor. Pulse until mixture resembles a coarse meal.
- 2 In a medium size mixing bowl, whisk together peanut butter and oil.
- 3 Fold in date mixture and puffed rice, then scoop mixture into tablespoon size portions and form into balls.
- 4 Roll in shredded coconut and chill for at least an hour before serving.





**GT's
Alive Ancient
Mushroom Elixir**
selected varieties

2/\$6
16 oz



**GT's
Synergy Raw
Kombucha**
selected varieties

2/\$6
16 oz

**Odyssey
Energy Drink**
selected varieties

2/\$5
12 oz



**Lakewood
Organic Pure Lemon Juice**

\$3.29
12.5 oz



**nutpods
Dairy-Free Creamer**
selected varieties

\$2.79
11.2 oz



**Lifeway
Organic Kefir**
selected varieties

\$4.49
32 oz



**Oatly
Oatmilk**
selected varieties

\$4.29
64 oz



**CALIFIA
FARMS®**



**Califia Farms
Almondmilk**
selected varieties

\$3.99
48 oz



**Califia Farms
Organic Almondmilk**

\$4.99
48 oz



**Califia Farms
Organic Oatmilk**

\$5.29
48 oz

Ripple
Plant-Based Milk
selected varieties

\$4.99

48 oz



Cocojune
Organic Cultured Coconut Yogurt
selected varieties

\$1.89

4 oz



Redwood Hill Farm
Goat Milk Yogurt
selected varieties

\$5.49

32 oz



Tofurky
Plant-Based Deli Slices
selected varieties

\$3.79

5.5 oz



Feel Good Foods
Gluten Free Egg Rolls

\$6.49

9 oz



Organic Valley
Organic Half & Half

\$2.49

16 oz



Organic Valley
Organic Whole Milk

\$4.99

64 oz



At Organic Valley, we produce nourishing food on small organic family farms where families manage the care of animals and the earth. Through our cooperative's standards and practices, we promote respect for the dignity and interdependence of all life.

Organic Valley
Organic String Cheese

\$5.29

8 oz



Sambazon
Organic Frozen Fruit Smoothie Packs
selected varieties

\$5.29

4/100 g



Beyond Meat
Beyond Breakfast Sausage
selected varieties

\$4.29

7.4 oz



Red's
Organic Burrito
selected varieties

\$1.99

4.5-5 oz



Against The Grain
Original Baguettes

\$5.79

15 oz



Canyon Bakehouse
Gluten-Free Bread
selected varieties

\$5.49

18 oz





Andrew Abraham, M.D. created Orgain to put the power of good, clean nutrition in the hands of people everywhere. Orgain's organic nutrition shakes are made with high-quality ingredients to maximize nutrition and crafted to offer a creamy, delicious taste experience.



Orgain
Organic Vegan Nutritional Shake
selected varieties

\$24⁹
11 oz

ChildLife Essentials
Liquid Vitamin C



\$5⁷⁹
4 oz

Nuun Hydration
Sport Hydration Tablets
selected varieties



\$5²⁹
8-12 ct

Bach
Rescue Remedy



\$19⁹⁹
20 ml

Floradix
Floravital Iron & Herbs



\$21⁹⁹
8.5 oz

Boiron
Calendula Cream



\$9⁷⁹
2.5 oz

Vital Proteins
Collagen Peptides
selected varieties



\$20⁹⁹
10-13.5 oz

Solgar
Gentle Iron® 25mg



\$8⁹⁹
90 vcap

Natural Vitality
Calm
selected varieties



\$18⁹⁹
8-16 oz

Garden of Life
Grass Fed Collagen Peptides



\$34⁹⁹
560 g

**Nordic Naturals
Vitamin C Gummies**



\$11⁴⁹

60 ct

**Host Defense Mushrooms
Lion's Mane**



\$25⁹⁹

60 ct

**Natural Factors
Organic Oil of Oregano**



\$14⁹⁹

1 oz

**Dr. Bronner's
Toothpaste**

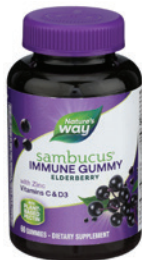
selected varieties



\$5⁷⁹

5 oz

**Nature's Way
Sambucus Immune Gummies**



\$15⁹⁹

60 ct

**Alaffia
EveryDay Shea Body Lotion**



\$10⁴⁹

32 oz

**Nubian Heritage
African Black Bar Soap**

selected varieties



\$4⁷⁹

5 oz

**Every Man Jack
Deodorant**

selected varieties



\$5⁷⁹

2.7-3 oz

**Schmidt's
Deodorant**

selected varieties



\$8⁹⁹

2.65 oz



**Seventh Generation
Bath Tissue**

\$10⁹⁹

12 ct



**Seventh Generation
Dish Liquid**

selected varieties

\$3⁴⁹

19 oz

Tuna Pasta Salad

30 MIN • SERVES 8

INGREDIENTS

- | | |
|-----------------------------|---|
| 1 pound farfalle pasta | ½ cup red wine vinegar |
| 2 – 5 oz cans tuna, drained | 1 tablespoon dried dill |
| 6 ribs celery, sliced | 1 teaspoon chia seeds |
| 1 medium red onion, diced | 1 teaspoon sea salt |
| 2 cups mayonnaise | 1 ½ teaspoon ground white pepper |
| | 1 – 15 oz can peas, drained (or 2 cups frozen peas) |

DIRECTIONS

- 1 Cook pasta according to package directions. Drain and set aside to cool.
- 2 Add the tuna to a medium mixing bowl. Using a fork, break apart the tuna. Stir in the celery and red onion.
- 3 Whisk together mayonnaise, vinegar, dill, chia seeds, sea salt, and pepper in a small bowl.
- 4 Add pasta and dressing to the veggie/tuna mixture then toss to combine.
- 5 Fold in peas and adjust seasonings to taste.



Proud member of INFRA.

As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.

INFRA Deals are available at participating Independent Natural Food Retailers Association member store locations.

For more information and a complete listing, please visit www.naturalfoodretailers.com or scan this code.

